



ADVENT CALENDAR ACTIVITIES FOR ADULTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Leave a positive Yelp review for some of your fav businesses	2 Share a moving article with a friend
3 Pay for someone's coffee	4 Forgive someone	5 Add change to parking meters	6 Give your partner a back/foot rub	7 Write a letter to a stranger - a soldier or through TWNMLL	8 Hold the door for someone	9 NO COMPLAINING - All day long!
10 Volunteer somewhere	11 Watch the sun rise AND set	12 Pay down a layaway anonymously	13 Hand write a letter to a dear friend	14 Tie a few scarves to trees in the park for those in need	15 Leave a really nice tip for your waiter/barista	16 Make someone breakfast in bed
17 Snuggle a shelter pet and donate food/towels	18 Bring a hot drink to a friend at work	19 Have a YES day with your kids	20 Donate blood or plasma	21 Write down all the reasons you love someone, then send it to them	22 Be kind to yourself - leave sticky love notes on your mirror	23 Support a small or local business
24 Donate to a cause you believe in						